

WHAT IS AN ATHLETIC TRAINER?

- ▶ An Athletic Trainer is a nationally certified and licensed health care professional who specializes in sports-related injury care and management.
- ▶ Certified Athletic Trainers must complete a Bachelor's degree in Athletic Training, be endorsed by the program director of an accredited program, pass the board certified exam and earn 75 continuing education credits every 3 years to maintain certification.
- ▶ BOC (Board of Certification) Athletic Trainers are educated, trained and evaluated in six major practice domains;
 - ▶ Prevention of injuries
 - ▶ Clinical evaluation of injuries
 - ▶ Immediate/Emergency care
 - ▶ Treatment & rehabilitation of injuries
 - ▶ Organization & administration
 - ▶ Professional responsibility

EDUCATIONAL CONTENT STANDARDS FOR ATHLETIC TRAINING DEGREE PROGRAMS;

Basic & Applied Sciences

HUMAN ANATOMY	STATISTICS & RESEARCH DESIGN	BELOW COURSES REQUIRED BY SOME PROGRAMS
HUMAN PHYSIOLOGY	EXERCISE PHYSIOLOGY	CHEMISTRY
BIOLOGY	KINESIOLOGY / BIOMECHANICS	PHYSICS



GRAPHIC ART DESIGN (ABOVE) BY:

Molly Brook - Skyline 2012

SKYLINE HIGH SCHOOL ATHLETIC TRAINING PROGRAM

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SKYLINE

ATHLETIC MEDICINE



HEAD ATHLETIC TRAINER; JENNIFER GARCIA, ATC

PRINCIPAL; SULURA JACKSON

ATHLETIC DIRECTOR; LORIN CARTWRIGHT, ATC

Skyline Athletic Training Staff:



Jennifer Garcia, ATC

Educational Background:

- * Oakland Community College
 - * Transfer Preparation
- * University of Michigan - Ann Arbor
 - * Bachelor's in Athletic Training & Movement Science
- * University of Michigan - Ann Arbor
 - * Teacher's Certification - Physical Education & Health

Undergraduate AT Experience:

- * Semester 1: Football, Men's & Women's Basketball, and Women's Soccer (2 week rotations each)
- * Semester 2: Women's Swimming
- * Semesters 3 & 4: Hockey
- * Semester 5: Clinical Athletic Training Room (NAT)
- * Semester 6: Women's Crew

Professional Athletic Training Experience:

- * MedSport - A2 Ice Cube
 - * Livonia Franklin HS
- * Probility PT - A2 State St.
 - * Pioneer HS
- * Skyline High School

Be a Skyline Student Athletic Trainer!

REQUIREMENTS FOR APPLYING INTO THE STUDENT ATHLETIC TRAINING PROGRAM:

- 2 Letter of Recommendation from an adult you have worked with.
- 3 References
- Have and maintain a GPA of 2.5 or higher.
- Have turned into the Athletic Office;
 - A current physical for the upcoming year.
 - An emergency medical card.
 - \$30 liability insurance

REQUIREMENTS WHILE IN THE PROGRAM:

- Maintain a minimum GPA of 3.0
- Must not be participating in a sport during the same season of your rotation.
- Dedicate 10 hours per week working alongside the Athletic Training staff.
- To earn a varsity letter you must fulfill a minimum of 4 athletic seasons (they do not need to be consecutive).
- Dress professionally at athletic events;
 - Khaki/black cargo or dress pants
 - Skyline or collared shirt
 - Tennis shoes or brown/black shoes.

WHAT CAN I EXPECT WHILE IN THE STUDENT ATHLETIC TRAINING PROGRAM?

The goals of the program are to introduce Athletic Training & related fields, as well as give students an opportunity to have a hands-on experience in the profession. The students will be apart of an actual Athletic Training program & will be expected to perform routine duties, as well as learn basic skills within the field such as;

- CPR and 1st aid training and certification
- Basic taping, evaluation and treatment techniques
- Basic sideline/court-side treatment and urgent care techniques
- Game/event preparation
- Athletic training room organization and maintenance duties.

ACCREDITED ATC PROGRAMS IN MI:

ALBION COLLEGE	ALMA COLLEGE	AQUINAS COLLEGE
CENTRAL MICHIGAN UNIVERSITY	EASTERN MICHIGAN UNIVERSITY	GRAND VALLEY STATE UNIVERSITY
HOPE COLLEGE	LAKE SUPERIOR STATE UNIVERSITY	MICHIGAN STATE UNIVERSITY
NORTHERN MICHIGAN UNIVERSITY	SAGINAW VALLEY STATE UNIVERSITY	UNIVERSITY OF MICHIGAN - AA
	WESTERN MICHIGAN UNIVERSITY	